



Engagement Agreement for Spiritual Director in Training at Portland Seminary

Focus in Our Meetings: Direction times are centered on material or questions you bring. It is a time to reflect on and hold what God is doing in your life together in God's presence. It is important to remember that God is the real Director in our time together.

Meeting Format: Direction is available either in-person or virtually through an online format and will last for 1 hour. Over the course of the two semesters, we will meet 4-5 times.

Schedule: Direction meetings are usually spread out to allow for processing on your spiritual journey. In this training program, there are time-sensitive assignments that depend on my meeting with you. If you find you are unable to keep one of our scheduled appointments, please contact me soon as possible so our appointment can be rescheduled. The best way to contact me is _____.

Supervision: In my training program, I am under supervision from experienced spiritual directors. My praxis instructor is Dr. Jeney Park-Hearn rparkhearn@georgefox.edu.

Confidentiality: Spiritual direction conversations are sacred, and I will hold them with strict confidence. However, to support my training, I will ask you to sign a confidentiality agreement and a release of information agreement so I can share the *contents* of our sessions without your identity being known.

Referrals: I am not trained to be a counselor, psychotherapist, or legal or financial advisor, so in consultation with my supervisor, I will refer psychological, medical, and other such issues to trained professionals.

Fee: In training, I am not permitted to collect any fee or gift for my services.

Thank you for being willing to serve as my spiritual directee in my season of training.

Director: _____

Directee: _____

Date: _____