



Release of Information

My spiritual director, _____ (name of spiritual director), has permission to use material from our direction sessions for his/her own professional supervision. I understand that my name will not be used and that the focus of supervision sessions is on the director and not the directee. The supervisor and director covenant to maintain the confidentiality and privacy of the directee.

In the event of an emergency and/or legitimate concerns about the physical and/or psychological safety of the directee, my spiritual director has permission to contact emergency services and/or my emergency contact.

Signature of directee: _____

Date: _____

Note: This release form will be kept by the director.